

NASA Swim School Fall 2010 Swim School Dates

The Fall NASA Swim School will begin on Monday August 9th, 2010. For the Fall Sessions, all classes are Monday, Wednesday, and Friday for three (3) weeks. All classes are \$50 per session and take place at Northridge Middle School.

Session 1: August 9th-27th
***Session 2: September 8th-27th
Session 3: October 4th-22nd
Session 4: November 1st-19th

*** Please note this class will begin on a Wednesday and end on a Monday!!!!

For the three sessions, there will be classes for children ages 6 months old to age 14 years old. The classes available for the Fall 2010 season is as follows:

Parent Child Aquatics (PCA): Ages 6 months old to 2 years old. **A parent must be present and in the water for each class.** For each of the two levels, our instructors follow a plan to introduce new swimming and water safety skills that are developmentally appropriate for infants and young children. It is important to understand that Parent and Child Aquatics is not designed to teach children to become good swimmers or even to survive in the water on their own.

Preschool Aquatics (PA): Ages 3 to 4 years old. **Children must be able to learn independently from parents to attend this level of lessons.** For each of the three levels, our instructors follow a plan to introduce new swimming and water safety skills that are developmentally appropriate for young children. Preschool Aquatics puts the "fun" in fundamentals. Each class is loaded with enjoyable, engaging and challenging activities that motivate children to want to perform and learn to swim.

Learn to Swim (LTS): Children and Young Adults ages 5 and older are eligible to begin the progress of developing the necessary skills to become proficient swimmers. Any child may begin this program, regardless of prior swim lesson experience. For each of the 6 levels of Learn-to-Swim, our instructors follow a plan to introduce new swimming and water safety skills and build on previously learned skills. Each class is loaded with fun, engaging and challenging activities that motivate children to want to perform and learn to swim.

Times and classes available for the sessions are as follows:

- 6:15-6:40 PM for PCA class ONLY
- 6:15-6:45 PM for PA class ONLY
- 6:50-7:30 PM for LTS class

Beginning Monday July 12th, phone and email registration will begin. There will be on-site registration at Northridge Middle School Pool on Tuesdays and Thursday Evenings from 7:00 PM-8:30 PM throughout the Fall Season!!! Register your spot early to ensure your spot this Fall!

If there are any further questions or would like to register your children, please contact Charles Grace, Swim School Director, at 574-822-5368 or gracec@mcsin-k12.org.